

K a r i n P l o o g

# voicecoaching

The **Training Concept** for a better **Voice**

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Cover: OZ, Essen (Katrin & Christian Brackmann)  
Illustration: René dos Santos (RDS, Agency for creative design, Elmshorn)  
Editing and Layout: B&O  
English Translation: Sylkie Monoff ([www.sylkiemonoff.com](http://www.sylkiemonoff.com))

VOGGENREITER PUBLISHERS  
Viktoriastr. 25, 53173 Bonn/Germany  
[www.voggenreiter.de](http://www.voggenreiter.de)

© 1999 Voggenreiter Verlag  
Revised 1st English edition published 2004  
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ISBN: 3-8024-0477-7

# Introduction

For a long time I have carried the idea of writing a book on vocal technique specifically for rock and pop singers.

Now you might ask yourself: "What is all this theoretical stuff good for? I can already sing well and receive great feedback when I perform." OK, that may be true, however, there are still numerous things about the workings of your voice that you need to discover. And, it is much more advantageous to practice singing with the help of a good instructional book.

It is essential to work with an experienced voice teacher who is specialized in rock and pop music. I know of a vocal student who invested more than \$ 6,000 on vocal lessons and did not even have a clue what a diaphragm was!

With this book I hope to help you in the process of finding the right voice instructor. Substantial background knowledge of vocal theory on your side will in any case prevent incapable teachers from taking advantage of you.

I would like to point out that I do not claim to know everything about everything but for over 20 years I have been a lecturer of pop and rock vocals at the Hochschule for Music and Theatre in Hamburg, Germany. I have the necessary academic qualifications and over the years have coached various successful singers and bands. I also work as a freelance singer in musicals and the so-called upscale light music field in Germany and abroad.

There is much literature describing the numerous theoretical approaches to singing. My experience has shown, however, that no theory can be completely applied to every vocal student in the same way. In the end, it should be the individual person that counts and ultimately determines the procedure. For this reason, some of the issues covered in this book may not necessarily be in accordance with the descriptions found in other theoretical textbooks.

On one hand, my intention is to introduce the theoretical aspects of singing. On the other hand, I would like to convey practical hints through specific exercises and explanations.

If this is not too frightening, let's get to it ...

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